

### **ARENA #3 RULES & REGULATIONS**

*All rules for Arena #3 are the same as Arena #1 + Arena #2, with the following exceptions:*

- No scoring directly from kickoffs.
- All free kicks are indirect (except penalty kicks).
- 10 feet on all free kicks.
- 3 – Over Rule applies to teams leading by 6 goals or more. The team will not be permitted to have more than 1 player in the attacking third of the field.
- Three-line violations will result in an indirect free kick for the opposing team at the half way line.
- When 2 or more players from the same team are given time penalties: 4 players (including the goalkeeper) must still be on the field.
- All Penalty kicks are direct and taken from the center of the third line.

### **ADULT 5v5 (4+GK) LEAGUE ARENA #3 RULES & REGULATIONS**

*All rules for Arena #3 4v4 Leagues are the same as Arena #1 + Arena #2, with the following exceptions:*

- No scoring directly from kickoffs.
- All free kicks are indirect (except penalty kicks).
- All Penalty kicks are taken from the center of the third line.
- 10 feet on all free kicks.
- 3 – Over Rule applies to teams leading by 6 goals or more. All teams 1 player within the last third.
- Three-line or ceiling violations will result in an indirect free kick for the opposing team at the half way line.
- 3 players (including the goalkeeper) must be on the field at all times, or the game will be considered a forfeit.
- Rosters for all adult 5v5 leagues will be limited to 12 players.

#### **Release of players from the Penalty Box:**

- Only at the expiration of their full-time penalty; penalty time will carry over to the next time period of play (i.e., to the second half or over-time periods).