

SKILLS INSTITUTE



Developmental Soccer Program for Ages 5–12 Years

Skills Institute is an instructional training program for boys and girls ages 5 through 12 years, which delivers personalized skills training in a fun, fast-paced environment. With multiple age groups offered and a low player-to-coach ratio, players receive plenty of one-on-one attention as they explore their potential in the target areas of soccer.

SPRING SESSION
April 3–June 10

10 weeks
No Class Holidays

SANTA ROSA FACILITY SCHEDULE

3215 Coffey Lane, Santa Rosa

Class Name and Age Range	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Skills Institute 5–6 Years (Level 1)	N/O	4:30pm	4:30pm	3:30pm	8:45am, 11:45am	10:45am
Skills Institute 7–8 Years (Level 1)	3:30pm	4:30pm	4:30pm	4:30pm	9:45am, 10:45am	8:45am
Skills Institute 7–10 Years (Level 2)	4:30pm	N/O	N/O	N/O	11:45am	N/O
Skills Institute 9–12 years (Level 1)	N/O	3:30pm	N/O	4:30pm	11:45am	10:45am

COTATI FACILITY SCHEDULE

6700 Stony Point Rd, Cotati

Class Name and Age Range	Saturday
Skills Institute 5–6 Years (Level 1)	8:45am, 10:45am
Skills Institute 7–10 Years (Level 1)	10:45am
Skills Institute 7–10 Years (Level 2)	8:45am