

SKILLS INSTITUTE



Developmental Soccer Program for Ages 5–12 Years

Skills Institute is an instructional training program for boys and girls ages 5 through 12 years, which delivers personalized skills training in a fun, fast-paced environment. With multiple age groups offered and a low player-to-coach ratio, players receive plenty of one-on-one attention as they explore their potential in the target areas of soccer.

WINTER#1 SESSION October 31–January 21

10 weeks

No Classes:

Nov. 21–26, Dec. 24–31

SANTA ROSA FACILITY SCHEDULE

3215 Coffey Lane, Santa Rosa

Class Name and Age Range	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday*
Skills Institute 5–6 Years (Level 1)	N/O	4:30pm	4:30pm	3:30pm	8:45am	10:45am
Skills Institute 7–8 Years (Level 1)	4:30pm	N/O	4:30pm	N/O	9:45am, 10:45am 11:45am	8:45am
Skills Institute 9–12 years (Level 1)	N/O	3:30pm	N/O	4:30pm	11:45am	10:45am

*Sunday classes: 9 weeks

COTATI FACILITY SCHEDULE

6700 Stony Point Rd, Cotati

Class Name and Age Range	Saturday
Skills Institute 5–6 Years (Level 1)	8:45am, 10:45am
Skills Institute 7–10 Years (Level 1)	8:45am, 10:45am